

2725 South 144th Street, Suite #212 Omaha, NE 68144 phone: (402) 609-3000

fax: (402) 609-3808

Shoulder Questionnaire - Page 1

Appointment Date:			Date of Bir	th:			_					
ID: Patient Nan	ne:	OrthoNeb	raska Physici	an: Refer	ring I	Physic	ian:	Red	ceptio	onist:		
		Kirk S. Hu	tton, M.D.									
Problem Shoulder:	O Righ	nt	OLe	eft			O Botl	า				
Hand Dominance:		nt-Handed	OLe	eft Handed			O Aml	oidextrous	5			
rimary Sport:			Pos	Position:				Years Played:				
Injury & Treatmen	t Histor	v										
What is the primary re		-	l attention (ple	ease choose o	ne):							
O Loss of Shoulde	r Functio	n OPain O	Stiffness OS	Shoulder Com	ing O	ut C) Weakne:	ss O Oth	ner			
Date of Onset of Symp	ntoms:		Did	vou have an i	niurv	at the	onset of s	symptoms	3 C)Yes	O No	
										-		
If yes, was it work rela			Sport									
Describe how the injur	y occurre	ed:										
0 = unable to do		1 = very diffic										
2 = somewhat di	fficult	3 = not diffic	ult		Rig	ht Arr	n		Lef	t Arm		
1. Putting on a coat				00	01	02	03	00	01	02	03	
2. Sleeping on your p	ainful or	affected side		00	01	02	О3	00	01	02	03	
3. Washing back/doi	ng up yo	ur bra on your k	oack	00	01	02	03	00	01	02	03	
4. Managing the toile	t			00	01	02	03	00	01	02	03	
5. Combing your hair				00	01	02	03	00	01	02	03	
6. Reaching a high sh				00	01	02	03	00	01	02	03	
7. Lifting 10 lbs. abov	e your sh	oulder		00	01	02	03	00	01	02	03	
8. Throwing a ball ov				00	01	02	03	00	01	02	03	
9. Doing usual work,				00	01	02	03	00	01	02	03	
10. Doing usual sport	, list:			00	01	02	03	00	01	02	03	
Have you seen anyone	else for	treatment of th	is problem? (E	R, family phys	ician,	chiro,	specialist	, other)				
Family Physician:				Specialist: _								
Has your shoulder bee	n injecte	d? OYes	ONo	If yes,	#		by \	whom				
Thirty minutes after th	e injectio	n, how much im	nprovement die	d you have?								
O Worse O O-	25%	O 26-50%	O 51-75%	O 76-100)%							
What was the long ter	m effect?	•										
O Worse O O-	25%	O 26-50%	O 51-75%	O 76-100)%							





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Shoulder Questionnaire - Page 2

	Patient Name:	OrthoNe	braska Physicia	an: Refe	rring Ph	ysician:	Rece	eptionist:
		Kirk S. H	utton, M.D.					
Have vo	u had previous shoulde	er surgery?	OYes ON)				
	Operation:					Date:		
	Operation:							
	ou had supervised phy							
	try other modalities,			ENS OE	lecStim	O Other:		
Pain Ev	valuation							
	have pain in your shou	lder now?		OYes	ONo		ircle the ar	-
_	take pain medication?		Tylenol, etc.)	OYes	ONo	naving p	oain on the	picture below.
_	take narcotic pain med			OYes	ONo			
How ma	ny pills do you take ea	ch day? (avera	age)) 2 884	
How bad	d is your pain today? ((O=none, 10=se	vere)			lmages"	loy Gets	log Get
Do you l	have a loss of motion?			OYes	ONo		/>	
Do you ı	notice popping or catc	hing when mo	ving the shoulde	r? OYes	ONo			
D	notice numbness or na	in going down	into the fingers?	O Yes	ONo		$\ \ \propto \ $	
Do you i	notice narribriess or pa							
_	have pain in your shou			OYes	ONo	FR	ONT	BACK
Do you l	have pain in your shou					FR	ONT	ВАСК
Do you l	have pain in your shou	lder?	t someone else h	OYes	ONo	FRO OYes ONO	ONT	BACK
Do you l Should Have yo	have pain in your shou ler Instability u ever had a shoulder	lder? dislocation tha		OYes	ONo		ONT	BACK
Should Have yo	have pain in your shou	lder? dislocation tha		OYes	ONo ack in?			BACK quently
Should Should Have yo If yes, ho	have pain in your shou ler Instability u ever had a shoulder ow many times?	lder? dislocation tha r feel like it w	ill go out? ON	OYes and to put be ever OR	ONo ack in? arely (OYes ONo		
Should Have you If yes, ho How oft Answer	ler Instability u ever had a shoulder ow many times?	dislocation that r feel like it w	ill go out? ON	OYes and to put be ever OR	ONo ack in? arely	OYes ONo		
Should Have yo If yes, ho How oft Answer	ler Instability u ever had a shoulder ow many times? en does your shoulde the following only if y	dislocation that r feel like it w our shoulder cur with:	ill go out? ON dislocated out o OSport	OYes and to put be ever OR f the socket	ONo ack in? arely (t: ing O	OYes ONo OOccasionally		
Should Have you If yes, ho How oft Answer W	ler Instability u ever had a shoulder ow many times? ten does your shoulde the following only if yoes this instability occ	dislocation that or feel like it withour shoulder our with: go back in:	ill go out? ON dislocated out o OSport OFront	OYes and to put base ever OR f the socket ODaily Liv	ONo ack in? arely (t: ing O	OYes ONo OOccasionally OSleep	O Fred O All	quently
Should Have you If yes, he How oft Answer De Ho	ler Instability u ever had a shoulder ow many times? en does your shoulded the following only if yoes this instability occurred.	dislocation that or feel like it wo your shoulder our with: go back in: er go back in:	ill go out? ON dislocated out o OSport OFront OBy itself	OYes and to put be ever OR f the socket ODaily Live OBack OI pull on	ONo ack in? arely (t: ing O it O	OYes ONo OOccasionally OSleep Bottom	O Fred O All assists	quently
Should Have you If yes, he How oft Answer De W	ler Instability u ever had a shoulder ow many times? ten does your shoulde the following only if yoes this instability occurrent does it ow does your shoulded ow does your shoulded.	dislocation that or feel like it wo your shoulder cur with: go back in: er go back in:	ill go out? ON dislocated out o OSport OFront OBy itself ging with time?	OYes and to put be ever OR f the socket ODaily Live OBack OI pull on OImprovin	ONo ack in? arely (t: ing O it O g O	OYes ONo OOccasionally OSleep OBottom OSomeone else	O Fred O All assists	quently O Unknow
Should Have you If yes, he How oft Answer Do He He	ler Instability u ever had a shoulder ow many times? en does your shoulde the following only if yoes this instability occurrent does it ow does your shoulded ow is your shoulder in	dislocation that refeel like it wow our shoulder cur with: go back in: er go back in: estability changer instability af	ill go out? ON dislocated out o OSport OFront OBy itself ging with time?	OYes and to put be ever OR f the socket ODaily Live OBack OI pull on OImprovin to compete	ONo ack in? arely (t: ing O it O g O e in sport	OYes ONo OOccasionally OSleep OBottom OSomeone else	O Fred O All assists O Gettir	quently O Unknow
Should Have you If yes, he How oft Answer Do He He	ler Instability u ever had a shoulder ow many times? the following only if yoes this instability occurs does your shoulde ow does your shoulded ow is your shoulded ow does your shoulded	dislocation that or feel like it wo your shoulder our with: go back in: or go back in: er go back in: er instability af	dill go out? ON dislocated out o OSport OFront OBy itself ging with time? fect your ability ion	OYes and to put be ever OR f the socket ODaily Live OBack OI pull on to compete OI occas	ONo ack in? arely t: ing O it O g o e in sport	OYes ONo OOccasionally OSleep OBottom OSomeone else OUnchanged ES? ave to stop col	O Fred O All assists O Gettin mpeting.	quently OUnknow ng worse
Should Have you If yes, he How oft Answer De W	ler Instability u ever had a shoulder ow many times? ten does your shoulde the following only if yoes this instability occurrent does your shoulde ow does your shoulder ow does your shoulder in ow does your shoulder ow does your shoulded ONo problems du	dislocation that ar feel like it wow our shoulder cur with: go back in: er go back in: estability changer instability af ring competity, but can cont	ill go out? ON dislocated out o OSport OFront OBy itself ging with time? ifect your ability ion inue to compete	OYes and to put be ever OR f the socket ODaily Live OBack OI pull on to compete OI occase. OI frequen	ONo ack in? arely (t: ing O it O g O e in sport ionally have	OYes ONo OOccasionally OSleep OBottom OSomeone else OUnchanged ES? ave to stop col	OFred OAII assists OGettin mpeting.	quently OUnknow ng worse
Should Have you If yes, he How oft Answer W He He	ler Instability u ever had a shoulder ow many times? the following only if yoes this instability occurs does your shoulder ow does your shoulder ow does your shoulder in ow does your shoulder in ow does your shoulder in ow does your shoulder ONo problems du	dislocation that ar feel like it wown shoulder cur with: go back in: er go back in: estability chancer instability af ring competity, but can contestop competir	dill go out? ON dislocated out o OSport OFront OBy itself ging with time? ifect your ability ion tinue to compete gg.	OYes and to put base ever OR f the socket ODaily Live OBack OI pull on OImprovin to compete OI occase e. OI freque OI canno	ONo ack in? arely (t: ing O it O g O e in sport ionally have	OYes ONo OOccasionally Sleep Bottom Someone else Unchanged ss? ave to stop core	OFred OAII assists OGettin mpeting.	quently OUnknow ng worse